**Searching ScienceDirect video transcript**

In this video are going to look at the database ScienceDirect. We are going to search using a few key terms and use refinements. First thing we’re going to do is go to the library page and then off to ScienceDirect and we will get searching.

What we do here firstly is go to Databases A-Z. Now we need to find ScienceDirect from this list. Easiest way go to ‘s’ and scroll down until you find it.

It is no. 11 on the list. Click through (by clicking on the ScienceDirect link).

If you are doing this from home (or off campus) you will need your VU username and password.

Here is the ScienceDirect main page. Straight away we are going to go to the advanced search.

From here we are going to put in our search terms. In this case we are looking for ‘muscle energy technique’. Now you can make a few refinements before you start. So we will narrow to the last five years, so from 2010 onwards and we will search.

You can see across the top here we have 31,571 results, which is a few to many. We will now go back to our original search by hitting the back key and start refining.

First up, we will place quotation marks around search term. What this does is it searches for it as a phrase. Meaning the database will only pick the words when they’re in a row as ‘muscle energy technique’ not as separate entities (clicks search).

So you can see from here we have reduced from 31,571 down to 201.

Now if you have a look through you should see that the results are matching basically what you’re looking for.

They are covering ‘muscle energy technique’ but as there are 200 of them we can refine again.

We will go back to our original search and we will add osteopathy (*typed in osteopathy into search box and clicked search*).

This will help us refine once more so we are now down from 200 to 86. All these results will contain ‘muscle energy technique’ AND osteopathy either in the title or in the key terms and also in the last five years.

The papers you see with the green box are available in full text and those with a white box we only have an abstract available.
The final refinement I will show you is in the topic menu. If you go to topic, click view more, it will give the full list of topics available to you. From here we pick one of the topics and it narrows it down again to the key terms we’re searched for the date range plus this element here.

So if we are looking at muscle energy technique AND osteopathy and then click again on topic ‘energy technique’ then on apply filters.

Now we have gone down from many 1000’s to many 100’s to 3 (results) and these papers will exactly match muscle energy technique as the key term, osteopathy as a limiter and then down to energy technique again.

So there were some exercises attached to this search, I want you to have a go at those. If you run into trouble, go and see someone at the library desk.

Good luck!